

Physical Team Activities as a Solution for the Achievement of Corporate Goals

With the huge variety of options available when choosing a team building experience it can be difficult to fine a suitable one. In this presentation you will hear about the unique benefits that choosing an extreme physical and mental challenge can bring as well as the important disadvantages to consider. Using his experience gained on a recent climb of Mt Kilimanjaro in Tanzania, Jon will give an overview of the importance of pre-event research, on site management and then post-event follow up to make sure the event has the best chance of bringing the desired results whether they be as a pure incentive or as corporate team building initiative.

Jon Bradshaw will use his experience in climbing Mt Kilimanjaro to an altitude where there is less than 50% oxygen than at sea level to bring the presentation to life.